

RESOURCES FOR YOU TO DIVE INTO THIS MLK DAY

For many Jewish communities, Dr. Martin Luther King, Jr. Day is an opportunity to both remember the legacy of Dr. King, as well as to reignite our commitment to work towards racial equity and justice. The task of creating a more just world where every person is treated with dignity and accorded equitable rights and resources is a hard one; at times, it might even feel impossible. And yet, our tradition teaches that the work must be done. As we learn from Pirkei Avot, “It is not incumbent upon you to finish the task, but neither are you free to absolve yourself from it.”



The fabric of our nation is interwoven with racism that affects our food systems, our education system, our political system, and every other institution we navigate in the United States. This guide explores the ways in which Jewish text, ritual, and history can guide us in planting the seeds for change. Let’s be clear, we will not solve racism in one night, we will not end hunger or food insecurity and we will not fix our educational system. But, we will have a framework to go back into the world with, we will have the tools to help us better identify when we witness injustice and when and how we can use our privilege and power, not just on Dr. Martin Luther King, Jr. Day, but in our everyday lives.

YOUR DIY TOOLKIT

Use this suite of tools to help plan and facilitate dialogue for MLK Day- and follow up afterward.

<p><u>GLOSSARY OF RACIAL JUSTICE TERMS</u></p> <p><i>Build a shared language around racial justice</i></p>	<p><u>GUIDE TO RESPECTFUL CONVERSATIONS</u></p> <p><i>Learn how to respectfully navigate difficult conversations. Share these community agreements as the foundation for your discussions.</i></p>	<p><u>FOOD JUSTICE GLOSSARY</u></p> <p><i>Build a shared language around food justice</i></p>
<p><u>HOW TO HOST A TURN THE TABLES DISCUSSION</u></p> <p><i>A step-by-step guide to hosting your own discussion.</i></p>	<p><u>GENERAL FACILITATION TIPS</u></p> <p><i>Check out some best practices for effective facilitation.</i></p>	<p><u>A (NON-EXHAUSTIVE) LIST OF NEXT STEPS</u></p> <p><i>Need to know where to go from here? Check out this list</i></p>

DISCUSSION GUIDES FOR YOUR TABLE

When the world seems chaotic, we turn to a table with friends to talk it out. Now, talk it out AND take action by turning the tables on racial injustice. Use these discussion guides to root your discussion of racial justice in Jewish values and foster a brave space for people to meaningfully engage with each other's experiences and ideas.

JEWISH PERSPECTIVES ON RACIAL JUSTICE

Racism continues today systemically and interpersonally. We must address it as part of an multiracial, multiethnic Jewish community.

FAILING AT LITERACY

Created in partnership with Reading Partners NYC; learn about the literacy crisis in the United States and how racism in our education systems play a key role.

FOOD JUSTICE THROUGH GENEROUS LISTENING

Explore how movements for food sovereignty fundamentally change one's approach to volunteering with food justice organizations.

PRAYING WITH MY LEGS

The legacy of the Civil Rights movement should inspire us to act now, not to be complacent.