



# CARING CARDS FOR ISOLATED SENIORS



#VolunteerVirtually

## Repair the World NYC

At Repair the World, we are connecting with our service partners who work on the ground locally to meet immediate needs. We are actively listening and pivoting to support our partners' ongoing, evolving needs, as NYC has quickly become the epicenter of the Coronavirus in the United States. With social distancing advised across the city, it is clear that seniors are more likely to experience social isolation.

## Jewish Grounding

Jewish tradition guides us to welcome the stranger. On Passover, we welcome the stranger by reciting, "Let all who are hungry come and eat!" This year, we adapted this greeting to the current moment, "Let all who are lonely connect!" By volunteering in this project, you are extending an invitation to welcome the stranger, connect with your neighbors, and participate in Jewish tradition reimaged for these times.

## Met Council on Jewish Poverty

Met Council on Jewish Poverty operates a full-service kosher food pantry that is still fully operational. They serve thousands of seniors in NYC, including many Holocaust survivors. As access to the outside world is limited, many of their clients are experiencing loneliness and isolation.



## Caring Connections Project

Join Met Council on Jewish Poverty to make a "caring connection" with seniors from home! We can remind them they are not alone, even when we can't be there physically. Create & share:

- Poetry
- Letters/Cards
- Short Stories
- Plays
- Artwork
- Music
- Essays
- Anything else!

## Think & Talk

After you finish your project, we invite you to think and talk with your family with these questions:

- How was it making your project? Did anything surprise you?
- How do you hope the person receiving feels when they see your project?
- What are other ways you can show your care and support for seniors, or others, at this time?

We invite you to share a picture of your project by posting it and tagging #RepairtheWorld and #DifferenceAmidstDistance!

## Next Steps

Projects can be mailed to the below address, or scanned/photographed and emailed to the emails:

Leah Schechter  
Met Council Fulfillment Center  
171 Lexington Ave  
New York, NY 10016



CreatingConnections@metcouncil.org  
cc: kate.thomas@weRepair.org

